

## Coaching Expectations and Requirements

Coaches are expected to act in a Christ-like manner showing trustworthiness, respect, responsibility, fairness, caring, citizenship, and grace.

The function of a coach is to educate students through participation in interscholastic competitions. An interscholastic program should be designed to enhance academic achievement and should never interfere with opportunities for academic success. Each student should be treated with the utmost respect, and his or her welfare should be considered in decisions by the coach at all times. Accordingly, the following guidelines for coaches have been adopted by the NFHS Board of Directors.

**The coach** shall be aware that he or she has a tremendous influence, for either good or ill, on the education of the student and, thus, shall never place the value of winning above the value of instilling the highest ideals of character.

**The coach** shall uphold the honor and dignity of the profession. In all personal contact with students, officials, athletic directors, school administrators, the state high school athletic association, the media, and the public, the coach shall strive to set an example of the highest ethical and moral conduct.

**The coach** shall take an active role in the prevention of drug, alcohol, and tobacco abuse.

**The coach** shall avoid the use of alcohol and tobacco products when in contact with players.

**The coach** shall promote a healthy spiritual relationship where God is represented in all activities on and off the court.

**The coach** shall master the contest rules and shall teach them to his or her team members. The coach shall not seek an advantage by circumvention of the spirit or letter of the rules.

**The coach** shall exert his or her influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep club sponsors, booster clubs, and administrators.

**The coach** shall respect and support contest officials. The coach shall not indulge in conduct that would incite players or spectators against the officials. Public criticism of officials or players is unethical.

**The coach** should meet and exchange cordial greetings with the opposing coach to set the correct tone for the event before and after the contest.

**The coach** shall not exert pressure on faculty members to give students special consideration.

## VCA Qualified Coaches Checklist

1. Take a coaching certification course.
2. Complete the required NFHS Concussion in Sports
3. Complete the NFHS First Aid, Health & Safety Course
4. Complete the NFHS Protecting Students from Abuse
5. Graduate from High School and possess a fingerprint clearance card from DPS ( cards reimbursed by school)
6. Additional Courses may be required: 2 hours of Sports Specific Professional Development( good for 2 years)
7. Be able to transport team to and from games by school van ( valid drivers license)

### Responsibilities

**Tryouts:** Hold a 2-3 day skills evaluation with a pre-disclosed rubric and keep copies of results.

#### **Coaching schedule:**

Mandatory practice ( min 6 hours- max 8 hours) ( based on facility availability)

Prepare an Organized Practice for each day ( Keeping weather constraints in mind)

Include 30 min - of Spiritual Devotion or Growth with the entire team each week. (FCA)

**Attendance:**Keep track of the Attendance of athletes at each game and practice ( paper or google)

#### Coach Attendance Policies-

- 3 excused absences allowed- 1 week notice min.
- Emergency Absence - Illness, family hardship/loss. Notify AD ASAP
- Please have an emergency practice plan for either another coach or AD to administer

**Equipment and Facilities-** Secure and manage team Sports Equipment and Facilities during practice and games. Assisting in keeping them in quality working order.

**Communication-** Consistently Communicate with families professionally about team-related information.

#### **Personnel-**

Coaches may have 1 volunteer to assist practice ( must pass a background check and have a fingerprint clearance card)

